

Community Impact Assessment: Integrated Wellness Service – Yor-Wellbeing Service

1. Name of service, policy, function or criteria being assessed:

Public Health, contract reprocurement and development of an integrated Wellness service.

2. What are the main objectives or aims of the service/policy/function/criteria?

To develop a service which will work with those most at risk of ill health, from preventable unhealthy behaviours. The service will offer information, advice and guidance, will work with community partners to increase the community capacity and support individuals on a 1:1 and small group basis.

3. Name and Job Title of person completing assessment:

Health Improvement Manager

4. Have any impacts been Identified? Identity (Yes/No) affected:	Summary of impact: There will be a positive impact on
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- 5. Date CIA completed: 12 July 2016
- 6. Signed off by: Paul Ramskill
- **7.** I am satisfied that this service/policy/function has been successfully impact assessed.

Name:

Position:

Date:

8. Decision-making body: Date: Decision Details:

Send the completed signed off document to ciasubmission@york.gov.uk It will be published on the intranet, as well as on the council website.

Actions arising from the Assessments will be logged on Verto and progress updates will be required



Community Impact Assessment (CIA)

Community Impact Assessment Title:

Integrated Wellness Service – Yor-Wellbeing Service

What evidence is available to suggest that the proposed service, policy, function or criteria could have a negative (N), positive (P) or no (None) effect on quality of life outcomes? (Refer to guidance for further details)

Can negative impacts be justified? For example: improving community cohesion; complying with other legislation or enforcement duties; taking positive action to address imbalances or under-representation; needing to target a particular community or group e.g. older people.

NB. Lack of financial resources alone is NOT justification!

Community of Identity: Age				
Evidence		Quality of Life Indicators	Customer Impact (N/P/None)	Staff Impact (N/P/None)
The service will work directly with adults, be community initiatives and information service benefit children and families.		Improved quality of life for older people as a result of improvements in wellbeing.	Р	None
Details of Impact	Can negative impacts be justified?	Reason/Action	Lead Officer	Completio n Date
Working with Adult Social care the service will work in communities tackling health issues including loneliness and social isolation. The new service will include sport and physical activity provision that will prioritise older people and will provide activities specifically for them.			Health Improvement Manager (Integrated Wellness Service)	

Community of Identity: Carers of Older or Disabled People				
Evidence		Quality of Life Indicators	Customer Impact (N/P/None)	Staff Impact (N/P/None)
The service will prioritise working with thos disabilities and those at highest risk of ill he Where services improve the wellbeing of disabilities and those at highest risk of ill he older people it will impact on the lives of the	ealth. isabled and	Improved quality of life for older people and disabled people as a result of improvements in wellbeing.	Р	None
Details of Impact	Can negative impacts be justified?	Reason/Action	Lead Officer	Completio n Date
			Health Improvement Manager (Integrated Wellness Service)	

Community of Identity: Disability				
Evidence		Quality of Life Indicators	Customer Impact (N/P/None)	Staff Impact (N/P/None)
The service will be available to those who are most at risk of preventable ill health. The facilities used will be fully accessible community settings in geographical zones. Physical activity services will be targeted specifically at disabled people, increasing the opportunities to be active, working with community groups to help them be able to cater for those with disabilities.		The opportunities provided will increase physical activity for those with disabilities and improve their mental wellbeing.	Р	None
Details of Impact	Can negative impacts be justified?	Reason/Action	Lead Officer	Completio n Date
Increased physical activity. Improved mental wellbeing. Reduction in unhealthy behaviours.			Health Improvement Manager (Integrated Wellness	

	Service)	

Community of Identity: Gender				
Evidence	Quality of Life Indicators	Customer Impact (N/P/None)	Staff Impact (N/P/None)	
The service will be offered on the basis of risk of ill health regardless of gender. Some elements of the service will be open to all but some will be specifically targeted to women. The stop smoking elements of the service will provide services directly for pregnant women (husbands, partners and families of these women may also benefit).	Reduction in smoking during pregnancy. Increase in smoke free homes. Increase in physical activity in women and girls.	P	None	
The sport and physical activity service will provide services specifically for women and girls as participation data shows that they are less likely to be active.				

Details of Impact	Can negative impacts be justified?	Reason/Action	Lead Officer	Completio n Date
The impact will be a positive one for women and girls as some elements of the service will be specifically targeted at them, as they are most at risk. Other elements of the service will be open to all regardless of gender			Health Improvement Manager (Integrated Wellness Service)	

Community of Identity: Gender Reassignment				
Evidence	Quality of Life Indicators	Customer Impact (N/P/None)	Staff Impact (N/P/None)	
Information, advice and guidance will be available to all. The community based services will be available in neighbourhoods and communities (both geographical and communities of interest). It will be important to ensure that organisations who work with those undergoing gender reassignment are included in this. The 1 to 1 service will be accessed by those most at risk from unhealthy behaviours, this will not be dependant on any other criteria. The 1 to 1 sessions will be non judgemental and will focus on the behaviours that the clients wish to tackle.	Improved physical activity and mental wellbeing.	None (but impact will be monitored and the service adapted where necessary to ensure equality of access)	None	

Details of Impact	Can negative impacts be justified?	Reason/Action	Lead Officer	Completio n Date
		It will be important to monitor who is accessing the services to ensure that no one is being excluded.		
		The capacity building element of the service will seek out organisations who support and advocate for those at any stage of the gender reassignment process, and aim to train volunteers from these groups to promote health behaviours and signpost to the 1 to 1 service where appropriate. Where group sessions are delivered, these will be organised in a way that does not discriminate on the grounds of gender or gender reassignment, with appropriate changing/ toilet/ access/ dress code etc	Health Improvement Manager (Integrated Wellness service)	

Community of Identity: Marriage & Civil Partnership				
Evidence		Quality of Life Indicators	Customer Impact (N/P/None)	Staff Impact (N/P/None)
All elements of the service will be accessible to, and designed for, individuals. The service will be available on line or in leaflet format, through community organisations (which will provide activities for a range of clients, netball for young women, men in sheds for older males etc). Many activities will be available to individuals and couples.		Improved physical activity and mental wellbeing.	None	None
Details of Impact	Can negative impacts be justified?	Reason/Action	Lead Officer	Completio n Date
			Health Improvement Manager (Integrated Wellness Service)	

Community of Identity: Pregnancy / Maternity				
Evidence		Quality of Life Indicators	Customer Impact (N/P/None)	Staff Impact (N/P/None)
Some stop smoking interventions will be targeted specifically to pregnant women. All other aspects of the service will be available to individuals based on their level of health risk from unhealthy behaviours.		The risks of smoking in pregnancy are well known and this group have been identified as a key priority for the service Reduction in smoking during pregnancy. Reduces complication in pregnancy, including risk of miscarriage, still birth and threatened premature delivery.	Р	None
Details of Impact	Can negative impacts be justified?	Reason/Action	Lead Officer	Completio n Date
The service will take referrals from antinatal services to work individually to encourage pregnant women (with advice and guidance for their families to stop too if relevant) to stop smoking, to prevent risks to their own and the baby's health.		This group is a key priority for the stop smoking service. The success of the service at reaching these clients and at supporting successful quits will be monitored.	Health Improvement Manager (Integrated Wellness Service)	

Community of Identity: Race				
Evidence		Quality of Life Indicators	Customer Impact (N/P/None)	Staff Impact (N/P/None)
The service is available to all on an individual basis, based on level of health need, with no other eligibility criteria. However, there are different cultural behaviours that will affect access to activities which may present barriers to participation. Language barriers, traditional roles based on gender and age in some communities, mental health stigma in some cultures, culturally different diets etc.		Improved physical activity and mental wellbeing.	None, but the service will be continually monitored to ensure that non white British clients are accessing all elements.	None
Details of Impact	Can negative impacts be justified?	Reason/Action	Lead Officer	Completio n Date
The impacts for all clients will be improved mental and physical health, but where there are barriers to participation this may broaden the gap in health inequalities and prevent access to wellbeing services.		Take up of the service will be monitored to ensue that its services are available to those of different races. The capacity building component of the service will ensure that it is working with organisations which	Health Improvement Manager (Integrated Wellness Service)	

support and advocate those from non white British communities, eg York Racial Equality Network (YREN) bespoke training packages may be needed to address cultural health differences.	
The service will ensure that advice and services are accessible to those who are non English speakers and are reflective of different cultures (e.g. nutritional advice that reflect the diet of different races).	

ANNEX 1

Community of Identity: Religion / Spirituality / Belief				
Evidence	Quality of Life Indicators	Customer Impact (N/P/None)	Staff Impact (N/P/None)	
All information, advice and guidance services will be available to all on an individual basis. The capacity building elements of the service will work with advocacy services such as YREN to ensure that community groups are trained and able to accommodate those from mixed faiths. They will also work with community groups for different faiths, consulting local groups about their health needs and any barriers to participation. The 1 to 1 service will make appointments in venues and at times to suit the client. These sessions will be client driven and will only tackle behaviours the client wishes to address.	Improved physical activity and mental wellbeing.	None (but services will be monitored to ensure that those from all beliefs are able to access services)	None	

Details of Impact	Can negative impacts be justified?	Reason/Action	Lead Officer	Completio n Date
Improved physical and mental health for those who access the service. Better community interaction and shared understanding of other faiths.		The service will ensure that information is widely distributed to a range of venues to ensure that those from all belief systems can access them. Where open community or group sessions are provided the venues will be selected to not exclude those of any beliefs. However some sessions may be designed specifically to attract those from certain beliefs (e.g. physical activity sessions for Muslim women). These will be at times and in venues specifically designed to meet the needs of these clients.	Health Improvement Manager (Integrated Wellness Service)	

ANNEX 1

Community of Identity: Sexual Orientation			
Evidence	Quality of Life Indicators	Customer Impact (N/P/None)	Staff Impact (N/P/None)
The information advice and guidance will be available to everyone on an individual basis either on line or in leaflet format. Care will be taken to ensure that this information is available at a range of venues where it can be accessed by people regardless of sexual orientation. The capacity building element of the service will ensure that community activities are inclusive and accessible to all, but will also ensure that LGBTQ groups are supported to provide appropriate activities to tackle mental health, physical activity, nutrition etc. The 1 to 1 service will be non judgemental and will only tackle behaviours as chosen by the client.	Improved physical activity and mental wellbeing.	None (but the service will be monitored to ensure that all elements of the service are accessible regardless of sexual orientation.	None

Details of Impact	Can negative impacts be justified?	Reason/Action	Lead Officer	Completio n Date
Improved mental and physical health for those who access the service.		Consult the LGBTQ community to establish health needs.	Health	
Improved community understanding and		Train representatives of LGBTQ groups as health champions.	Improvement Manager	
access to activities for LGBTQ residents.		Ensure that the capacity building training includes information for other groups to ensure that they are inclusive and non judgemental.	(Integrated Wellness Service)	